

Sunflower News

Remembrance Display

Did any of you watch River Walks, The River Stour, shown on BBC1 Monday 10th December 7.30pm. It was filmed whilst the wonderful Remembrance Display of poppies and War Horse was in situ in the Guildhall Forecourt. The episode is available on BBC "catch up" service.

Diary Dates

Sandwich Friends Group at Eastry

The Sandwich Friends Group will meet at The Five Bells, Eastry on the first Tuesday of the month, with the next group being Tuesday 5th February 2019, 10.30 – 12.30. Refreshments are provided, I hope you can join them. Brought to you by Right at Home and Age Concern as a Sandwich Dementia Action Alliance initiative, working together to build dementia friendly communities.

Sunflower Cafe

Sunflower Café will be Wednesday 9th January 2019, 10 – 11.30 am, in the TV Lounge at Age Concern. Please join me for coffee, tea, cake and good conversation. All welcome

Monday Mayhem/Lunch Club

Come along and join Sara and her team as they lead us in some Monday Mayhem, January 21st 9.45 – 11.45 in the Dining Room at Age Concern Sandwich. All welcome for guaranteed fun! Followed by Dementia Lunch Club. £6.50 for two courses, served at 12. 15 pm, vegetarian option available, please advise. Booking is required.

Dementia Drop in Clinic

Will take place on Thursday 31st January 2 – 4pm in the upstairs Dining Room at Age Concern Sandwich. This is an excellent opportunity to get support from the Memory Service doctor from St Martin's and organisations such as: Alzheimer's Society, Right at Home and Carers Support.

All are welcome to any of our events and are good opportunities to access support, meet new friends, enjoy good conversation and have fun! If there is a subject area or organisation you would like to know more about, please let us know and we can arrange for that to happen.

THE STAFF AND VOLUNTEERS AT THE SUNFLOWER

A MERRY CHRISTMAS AND A HAPPY NEW YEAR

And look forward to seeing you all in the New Year.

The Sunflower Centre closes on Friday 21st December and re-opens on
Wednesday 2nd January