



National Tremor Foundation

# Essential Tremor Awareness Day

**Saturday 23 March 2019, 1pm–4.30pm**

**Age UK, Canterbury,  
The Centre, Castle Row, Canterbury CT1 2QY**

*Talks 2pm–3pm*

**Free entrance for all  
(limited spaces for talks—registration advisable)**

## **National Essential Tremor Awareness Month**

**Come along and find out more about this neurological movement disorder, which can affect any age from birth and is estimated to be 8–10 times more prevalent than Parkinson's.**

**To reserve a place register or more information contact Jackie Farrell, event organiser, on [jackie@tremor.org.uk](mailto:jackie@tremor.org.uk)**



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The National Tremor Foundation  
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