



Deal and Sandwich Social Prescribing Link Workers

Invite you to a coffee morning at

Age Concern Sandwich

Day Centre for the over 50's

19/21 Cattle Market, Sandwich, Kent CT13 9AP

On Friday 21st January at 10:30 am

Some of the areas we can support with:

- Housing related queries
- Welfare benefits and debt advice
- Help with daily living tasks
- Making lifestyle changes
- Combating isolation/loneliness
- Living with anxiety/depression
- Bereavement support

We cover 5 GP surgeries:

- Balmoral Surgery
- Cedars Surgery
- Manor Road Surgery
- Sandwich Medical Practice
- St Richards Road Surgery.

Also in attendance will be our:

Occupational Therapist (OT) and our Care Home Coordinator.

