

Sandwich Singers



Group singing songs you know and love

*Boost your brain-body connection
Exercise your laughter muscles
Expand your social life – includes a cuppa!*

from 10am, with singing from 10.30-11.30am

January – 10th, 17th, 24th, 31st

February – 7th, 14th, 21st, 28th

March – 7th, 14th, 21st, 28th

April – 18th, 25th

May – 2nd, 9th, 16th, 23rd, 30th

Age Concern Sandwich Centre
19/21 Cattle Market, Sandwich CT13 9AP

for more information, please call
01304 614237 or 07790 263762

AGE
Concern

IT'S FREE!
Just turn up and
join in

Singing and music-making
for wellbeing!