

# Sandwich Singers



*Group singing songs you know and love*

*Boost your brain-body connection*

*Exercise your laughter muscles*

*Expand your social life – includes a cuppa!*

from 10am, with singing from 10.30-11.30am

May – 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

June – 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

July – 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>

Age Concern Sandwich Centre  
19/21 Cattle Market, Sandwich CT13 9AP

for more information, please call  
01304 614237 or 07790 263762

**AGE**  
*Concern*

Singing and music-making  
for wellbeing!

**IT'S FREE!**  
Just turn up and  
join in