

Sandwich Singers



Group singing songs you know and love

*Boost your brain-body connection
Exercise your laughter muscles
Expand your social life – includes a cuppa!*

from 10am, with singing from 10.30-11.30am

September – 6th, 13th, 20th, 27th

October – 4th, 11th, 18th

November – 1st, 8th, 15th, 22nd, 29th

December – 6th, 13th

Age Concern Sandwich Centre
19/21 Cattle Market, Sandwich CT13 9AP

for more information, please call
01304 614237 or 07790 263762

AGE
Concern

IT'S FREE!
Just turn up and
join in

Singing and music-making
for wellbeing!