

Sandwich Singers



Group singing songs you know and love

Boost your brain-body connection

Exercise your laughter muscles

Expand your social life – includes a cuppa!

from 10.15am, with singing from 10.30-11.30am

January – 2nd, 9th, 16th, 23rd, 30th

February – 6th, 20th, 27th

March – 5th, 12th, 19th, 26th

April – 16th, 23rd, 30th

May – 7th, 14th, 21st

For more information, please call
01304 614237 or 07790 263762

Age Concern Sandwich Centre
19/21 Cattle Market, Sandwich CT13 9AP

AGE
Concern
SANDWICH

IT'S FREE!
Just turn up and
join in

Singing and music-making
for wellbeing!