



Deal and Sandwich Social Prescribing Link Workers

Invite you to a coffee morning at

Age Concern Sandwich
Day Centre for the over 50's

19/21 Cattle Market, Sandwich, Kent CT13 9AP

29th July, 26th August, 30th September, 28th October,
25th November, 23rd December

Some of the areas we can support with:

- Housing related queries
- Welfare benefits and debt advice
- Help with daily living tasks
- Making lifestyle changes
- Combating isolation/loneliness
- Living with anxiety/depression
- Bereavement support

We cover 5 GP surgeries:

- Balmoral Surgery
- Cedars Surgery
- Manor Road Surgery
- Sandwich Medical Practice
- St Richards Road Surgery.

Cup of tea or coffee = 70p
Mug of tea or coffee = £1.20
We look forward to seeing you 😊

