



Social Prescribing

DEAL AND SANDWICH PRIMARY CARE NETWORK

Coffee

MORNING



4th Friday of the month
10am-11.30am

@

AGE
Concern
SANDWICH

Areas we can support with:

- Housing
- Welfare benefits & advice
- Help with daily living tasks
- Making lifestyle changes
- Combating isolation/loneliness
- Living with anxiety/depression
- Bereavement support



(01304) 744075



<https://www.dealandsandwichpcn.co.uk/pages/Social-Prescribing>



social.prescriberpcn@nhs.net



@DealSandwichPCNSocialPrescribing

