

# MEET EAT HEAT...



*helping you save energy,  
save money and stay warm*

**Don't be lonely, hungry or cold this winter**

Spend the day at Age Concern Sandwich where you'll be warm and can enjoy a hot meal in the company of others. You can also obtain information and support on a wide range of services.

Enjoy a two course meal for £4.00

**Wednesday 8th March**



For more details and to make a booking please call 01304 614237  
Age Concern Sandwich, 19-21 Cattle Market, Sandwich CT13 9AP