

# Sunflower News December 2018

## Christmas Lunch

The Age Concern Christmas Dinner, for those that have booked, will be on Friday 14<sup>th</sup> December in the Guildhall with festive entertainment starting around 10.30. Looking forward to seeing you there! There will be NO COGS CLUB on this day.



## Age Concern Carol Service

This year will be on Tuesday 18<sup>th</sup> December, 1.30pm at The United Reformed Church, next to the Sausage Shop. The service will be one hour long with refreshments back at the Centre afterwards. All welcome to join us for a traditional carol service.

## Christmas Tree

The Sunflower Centre will once again display a Christmas Tree in St Peter's Church in Market Street. We have been working hard on the decorations, please pop into the Church and have a look at all the trees.

## Christmas Closing

The Sunflower Centre and Age Concern will close at the end of the day on Friday 21<sup>st</sup> December 2018 and re-open on Wednesday 2<sup>nd</sup> January 2019.

\*\*\*\*\*

## Sandwich Friends Group at Eastry

The Sandwich Friends Group will meet at The Five Bells, Eastry on the first Tuesday of the month, with the next group being Tuesday 4<sup>th</sup> December 2018, 10.30 – 12.30. Refreshments are provided, I hope you can join them. Brought to you by Right at Home and Age Concern as a Sandwich Dementia Action Alliance initiative, working together to build dementia friendly communities.

## Sunflower Cafe

Sunflower Café will be Wednesday 12<sup>th</sup> December 2018, 10 – 11.30 am, in the TV Lounge at Age Concern. We will once again be welcoming Joseph O'Toole from the Alzheimer's Society who will give information about the Time for Dementia Programme. Please join me for coffee, tea, cake and good conversation. All welcome

## Monday Mayhem/Lunch Club

There will be no Monday May or Lunch Club in December. Please join us Monday January 21<sup>st</sup> for our first session of the New Year.

## Dementia Drop in Clinic

There will be no Drop in Clinic in December.

All are welcome to any of our events and are good opportunities to access support, meet new friends, enjoy good conversation and have fun! If there is a subject area or organisation you would like to know more about, please let us know and we can arrange for that to happen.

THE STAFF AND VOLUNTEERS AT THE SUNFLOWER CENTRE WISH YOU

A MERRY CHRISTMAS AND A HAPPY NEW YEAR